

Donor Selection Criteria for Adult Kidney Donation

Eligibility for Kidney Donation:

1. Good health
2. Minimum age of 18
3. Mental capacity and ability to make informed decisions.
4. Body mass index (BMI) less than 32. Potential donors with BMI >32 are considered on a case-by case basis.

Absolute Contraindications:

1. Chronic kidney disease
2. Active or incomplete treated malignancy
3. Condition that requires long term use of nephrotoxic medications
4. Psychosocial instability
5. Lack of social support
6. Uncontrolled psychiatric condition.
7. Ongoing illicit substance use or abuse with the exception of Marijuana
8. Active Smoking (tobacco)
9. History of recurrent and/or multiple active nephrolithiasis
10. Recurrent urinary tract infections or bladder dysfunction
11. Uncontrolled hypertension with evidence of end organ damage
12. Type 1 diabetes
13. Type 2 diabetes with evidence of end organ damage
14. Inability to adhere or non-compliance with living donor requirements
15. Poor functional status
16. High suspicion of coercion
17. Creatinine clearance less than 80ml/min
18. Any condition determined by the evaluating medical staff that makes the donor unsuitable to donate

Relative Contraindications:

1. History of diabetes or hypertension in multiple primary family members
2. Presence of Hepatitis B or Hepatitis C (exception for recipients who share the same virus)
3. HIV positive status (exception for recipients who share the same virus)
4. Evidence of acute symptomatic infection (until resolved)
5. Non- lawful presence in the United states