

Patient Selection Criteria for Adult Kidney Transplantation

Eligibility for Kidney Transplant:

1. Stage IV or V chronic kidney disease with (eGFR <20 ml/min/1.73m²) or end stage kidney disease requiring dialysis.
2. Adequate insurance coverage for all aspects of transplant care to include post-transplant medications.
3. A minimum of 18 years of age, case by case may be considered if the patient can be managed as an adult.

Absolute Contraindications:

1. Current or recent diagnosis of cancer or systemic infection that would likely worsen after transplant immunosuppression.
2. Advanced cardiac, pulmonary or other systemic disease such as:
 - Severe untreated coronary artery disease or cardiomyopathy with (ejection fraction less than 40%)
 - Severe aorto-iliac vascular disease
 - Home oxygen dependent lung disease or severe pulmonary hypertension by echo or RHC criteria
 - Advanced liver disease with portal hypertension
3. Women who are currently pregnant
4. Ongoing illicit substance use or abuse with the exception of Marijuana
5. Active Smoking
6. Multiple comorbidities that would impact post-transplant survival
7. Untreated or uncontrolled psychosis
8. Inability to adhere or non-compliance with medical regimens
9. Poor functional status
10. Lack of social support

Relative Contraindications:

Following factors are evaluated on a case-by-case and include, but are not limited to:

1. Age greater than 70 years
2. Morbid obesity with body mass index greater than 35. Obese patients may be recommended to enroll on a weight loss program with established weight loss goals and BMI monitoring by the transplant team
3. Patients that decline the use of blood products if warranted during and/or after the surgical procedure
4. Insufficient financial resources
5. Unresolved psychosocial issues
6. Open, infected, or non-healing wounds
7. Marijuana use
8. Non-lawful presence in the United States